

# Recovery High School Success

## Success

Coastal Prep is the third recovery high school (RHS) in New Jersey. RHSs address a need that is specific and growing: It keeps adolescents on track with academics while they recover, and it serves as a critical midpoint between a more intense recovery environment and the complete return to a traditional high school setting.



**A first-of-its-kind study\*** compared outcomes of adolescents who completed treatment and then attended RHS programs versus those who did not attend RHS programs, and the analysis offered encouraging evidence - Six months after attending a RHS, adolescents were significantly more likely than their non-RHS peers to report:

- complete abstinence from alcohol, marijuana, and other drugs
- less absenteeism from school

Coastal Prep offers a unique blend of academic resources and recovery support, and backs that up with experienced and credentialed professionals. Its partner organizations are skilled at working with the adolescent population.

\*\*Andrew J. Finch, Emily Tanner-Smith, Emily Hennessy & D. Paul Moberg(2018)Recovery high schools: Effect of schools supporting recovery from substance use disorders,The American Journal of Drug and Alcohol Abuse,44:2,175-184,DOI: 10.1080/00952990.2017.1354378"

**The Association of Recovery High Schools** is a great resource for information about this specialized, life-saving blend of recovery and academics. New Jersey already benefits from two successful programs:

- Raymond J. Lesniak Recovery High School in Union County
- KEYS Academy in Monmouth County



The concept of a recovery high school has been around for 30 years, with the first recovery high school opening in 1987 in Minnesota. Over the years, the model has evolved into high schools that provide recovery support, development of life plans, and an environment that makes these changes possible. They use a strength-based approach that relies on family as well as the community to help a student to reach his or her full potential. As a family member of someone attending Coastal Prep, we want you to be involved every step of the way.

## Why is Coastal Prep a Good Choice?

Coastal Prep works with your loved one's sending school district to tailor the student's academic schedule to meet the student's need, which may include needs such as credit restoration. The treatment team will meet regularly to ensure that the student stays on track academically and in his or her recovery, changing both the recovery and academic plans as needed.

The Coastal Prep program is new, but its approach is proven.

We focus on...

**Encouraging**

**Empowering**

**Excelling**

## Learn More!

